



## **Explanation of the Akashic Records**

The Akashic Records are the individual records of a soul from the time it leaves the Source Father/Mother's house until it returns.

At the time we make the decision to experience life as an independent soul, there is a field of energy created to record every thought, word, emotion and action generated by that experience. That field of energy is the Akashic Records.

Akashic, because it is composed of Akasha (the energetic substance from which all life is formed) and Records, because its objective is to record all life experience.

By opening the Akashic Records with a sacred prayer, we align ourselves to the vibration of the one receiving the reading (either ourselves or another). The prayer works with energetic vibration to "key in" to the specific name of the life form, and carries with it God's protection through Masters, teachers and loved ones.

The information in the Akashic Records helps us bring our past and future present in our now. By accessing the Akashic Records, we can identify and release anything that we have created that has become a block to our present realization of our oneness with God.

We can look at why we have addictive patterns, why we choose the relationships we do, why we have created our habitual responses, and how to create action in our lives instead of re-action.

The healing energy of the Akashic Records allows us the freedom to choose grace in all things; therefore, overriding any illusion we have created that causes us to believe we are separate from God/Spirit/Source.

It is one of the most powerful tools available on the planet today to help us remember our oneness with God/Spirit/Source.





## **Akashic Records Consultation**

Thank you for your interest in having an Akashic Records consultation!

My phone number and WhatsApp is **+65 8124 9832**.

You can schedule your session at <https://noeltuan.youcanbook.me>  
Possible physical locations for your session are available in the link. Via the same link, you also have a choice to do it online via Zoom.

### **Payment Details**

The consultation fee is **SGD 280**. If you have genuine difficulties offering this, please do not feel stress. Let me know and we can work something out. Similarly, if you would like to pay it forward for someone who might not be able to afford a session, it is deeply appreciated. I will put you in touch with the person who received the session, so you know who is receiving your goodwill.

Payment can be made via

a) PayNow or PayLah! to **+65 8124 9832** (for Singapore clients).

b) Bank Transfer to

**Trust Bank Singapore Limited**

**Bank Address: CROWN AT ROBINSON 17-01 140 ROBINSON ROAD, SINGAPORE**

**SWIFT / BIC Code: TRBUSGSG**

**Bank Code: TRBU**

**Branch Code: XXX**

**Account Name: Tuan Shunde, Noel**

**Account Number: 0190034462**

**Home Address: 8 Kim Tian Place, #15-55, Singapore 163008**

**Country & City: Singapore**

c) Bank Transfer, Credit (Not American Express) or Debit Card via Wise.

Fees are lower than PayPal.

You can sign up for a Wise account at [wise.com/invite/u/shundet](https://wise.com/invite/u/shundet).

d) PayPal to [NoelTuan@gmail.com](mailto:NoelTuan@gmail.com) or [www.paypal.me/NoelTuan](https://www.paypal.me/NoelTuan)

+SGD 13 due to PayPal fees. Please send in SGD a total of SGD 293.

e) Revolut to [pay.revolut.com/profile/shundeqf42](https://pay.revolut.com/profile/shundeqf42)

**Please complete payment within 24 hours after scheduling a session or your booking will be cancelled. This is to allow others to schedule their session.**





### **Preparing for a Consultation**

In preparation for this consultation please follow the following guidelines:

- ✓ **Complete and sign the Consultation Consent form at [goo.gl/forms/1chsk96tNHmzp5cD3](https://goo.gl/forms/1chsk96tNHmzp5cD3)**
- ✓ I have a 'No Show Policy'. You must cancel or reschedule 24 hours in advance or pay 50% of the fee.
- ✓ Make a list of concise questions concerning the areas of your life that you are interested in receiving information about. Do plan and phrase your questions carefully, in order of importance. You do not want to waste any time trying to decide what to ask. Suggested questions are listed below. Open-ended questions (what, where, when, who, why, how) are best. Please develop your own list so the consultation will best serve you. Feel free to ask other questions during the consultation.
- ✓ Feel free to give feedback about the information you receive during the session. Any details you provide helps in your healing and works as a greater context for the messages received.
- ✓ The future usually reveals various potentials and possibilities, not just one pathway. Guidance given is for your highest and greatest good of your true essence. This may not necessarily be the 'easiest' way. However, the universal law of free will prevails in all situations and life is always in your hands. You must take responsibility for the path you choose to walk.
- ✓ At times, some information is blocked from being shown as we might not be ready to receive such information or it may hinder learnings of issues you may still be going through. More may be revealed at a later time.
- ✓ Bring a sound recording device to record any information you receive. You may want to listen back over the information you receive.
- ✓ Allow 1 ½ hours for your consultation. This is sacred time and you want to give ample space.
- ✓ Do not use any recreational drugs or alcohol 24 hours prior to the consultation. Prescription drugs are acceptable.





### **Suggested Questions**

#### **PERSONAL GROWTH**

- ✓ What is my life purpose?
- ✓ What is the most important life lesson I need to be aware of now? How can I better be able to overcome it?
- ✓ I have been trying to \_\_\_\_\_, why have I not been able to? What am I not seeing? How can I better be able to achieve it?
- ✓ What is my greatest challenge/fear at this time? What is at the root of it? What are my resources to resolve it? What lesson am I to learn from this?
- ✓ What talents did I incarnate with that I need to use now to further my growth?
- ✓ Please provide me a deeper understanding of my anger / sadness / guilt issues.
- ✓ What are my gifts and talents? How can I best utilize these qualities?

(You can ask for specific methods, attitudes to adopt or change, personal blocks, or about karmic links, energetic residues.)

#### **RELATIONSHIPS**

- ✓ What resources(s) can I utilize to assist me with parenting? In my marriage? Etc.
- ✓ What is the underlying issue between \_\_\_\_\_ (mother, boss, spouse, etc.) and me? What do I need to know about this? How do I bring this into resolution?
- ✓ What am I not aware of now or in the past that would be most useful for me to know now, in order to have a successful and balanced relationship with \_\_\_\_\_?
- ✓ What do I need to understand so that I may attract the right partner for myself?

#### **CAREER**

- ✓ Am I in a career that serves my highest good? If not, what career path should I be pursuing?
- ✓ What life growth is my present career offering me? (Ask questions about specific issues with the company or people)
- ✓ What skills can I develop right now to get the right occupation for the future?
- ✓ What can I do to increase the profits of my present company?
- ✓ Can I develop a particular skill/hobby as a career?
- ✓ How can I get the position I have been seeking?





## HEALTH

- ✓ Please tell me about my health and imbalances I need to be aware of or that are presently occurring.
- ✓ What is the cause of my present condition: disease, illness or weight? Why is this happening?
- ✓ What do I need to see about my illness that I am not seeing clearly right now? What can I do to heal this?
- ✓ What can I do to better maintain my health?
- ✓ What food/drink should I avoid or have more of?
- ✓ What exercise would be good for my body?
- ✓ What beliefs about my body do I need to release?

## MONEY

- ✓ What about my past influence the way I handle or perceive money now?

## GEOGRAPHY

- ✓ Am I in a suitable house/location? Is there a place that is more compatible with my energy? Why do I feel a desire to move out?
- ✓ What are some of the places that have vibrations complementary to mine?

## INTUITION & PSYCHIC ABILITY, ENERGY AIDS

- ✓ How may I better connect with higher guidance?
- ✓ What kind of intuitive, psychic or energy work am I most suited for?
- ✓ What gemstone or crystal would be useful to me right now, and why?
- ✓ What messages do my spiritual assistants (angels, guides, Masters, etc.) want me to know at this time?





### **Things to do after a Consultation**

- ✓ Drink plenty of water afterwards to flush out toxins that might have accumulated during the session and to hydrate.
- ✓ Eat grounding foods to ground. These include root vegetables like beets, carrots and radishes.
- ✓ It is best to allow yourself some quiet time after the session to reflect and process the information.
- ✓ After processing the information, take conscious action.

Thank you for adhering to these guidelines. If you need support in taking conscious action in your life or are interested in learning how to access your own Akashic Records please ask me for more information. I look forward to our sacred time together.

Love and light, Noel

